Yr 6 Ready...Steady...Cook!

Year 6 we can't wait to meet you! Before we do we'd like you to practice some skills you will need in High School. You have two choices for this task. Either look through some recipe books you may have at home, if not, you could use the internet. Choose a recipe that you would like to make and ask a parent or guardian if they will get you the ingredients and help you to make it.

Alternatively you could do a Ready Steady Cook task where you look in the fridge and cupboard and create a meal from scratch with the ingredients you have in the house. Again you will need the help of an adult to guide you. It would be good to write a time plan so you know what to do and when if you don't have a recipe. **Do not** attempt to make something without the supervision of an adult.

When you are making it you need to take pictures and you could produce a little storyboard with what you did, like a diary to show us when you reach High School. Good luck and Happy Cooking!!!



