

<b>BTEC Tech Award in Sport Activity and Fitness</b>	Year 11		
Review	Review 1	Review 2	Review 3
Content covered	<p><b>Unit 2 – Learning Aim B: Nutrition for Sport and Activity</b></p> <p>Improving nutrition for sport and activity</p> <p><b>Unit 2 – Learning Aim C: The psychological influence that motivation, self-confidence and anxiety have on participation in sport and activity</b></p> <p>The impact of motivation on participation in sport and activity</p> <p>The impact self-confidence can have on participation in sport and activity</p> <p>The impact of anxiety on participation in sport and activity</p>	<p><b>Unit 3 – Learning Aim A: Understand the fundamentals of sport and activity leadership</b></p> <p>Attributes of a leader</p> <p>The benefits of participation in sport and activity sessions</p> <p>The benefits of participation in sport and activity sessions</p> <p><b>Unit 3 – Learning Aim B: Planning sessions for target groups</b></p> <p>Types of sessions</p> <p>Session plan</p>	<p><b>Unit 3 – Learning Aim C: Delivering and reviewing sessions for target groups</b></p> <p>Methods of delivery/success</p> <p>Methods of reviewing</p>
Assessment method	Final Mock Exam in Preparation for External Exam in Jan 2021	Ongoing coursework module assessed internally and submitted for external moderation at end of the academic year	Ongoing coursework module assessed internally and submitted for external moderation at end of the academic year
Teacher & Dept response	Personalised Revision Programme once Strengths/Weaknesses Identified Removal from Practical Lesson to complete revision sessions Contact with Parents if below target grade	Catch Up sessions for those falling behind on deadlines for coursework.	Catch Up sessions for those falling behind on deadlines for coursework. Parental contact Removal from practical lessons to complete coursework Removal from curriculum PE lessons to complete catch up