



Year 9 PSHCE Curriculum Sequence

Intent:

- Acknowledge and address the increase in independence.
- To prepare students for life after high school.
- To develop knowledge of intimate relationships, sexual health and wellbeing
- To know how to speak confidently and effectively and listen to others.



HT1 Living in the wider world Prejudice and discrimination	HT2 RSE Healthy relationships	HT3 RSE Sex education	HT4 Living in the wider world Alcohol and drug abuse	HT5 Health and wellbeing Mental health	HT6 Living in the Wider World Politics and democracy
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Teaching prejudice and discrimination here allows students to develop their concepts of respect and tolerance. This creates a happier and fairer school culture. This unit ties in with the whole school/ assembly focus of Black History month and also Hate crime awareness day.	Teaching healthy relationships here allows students to look at key issues in intimate relationships. It allows students to understand and discuss key issues in such as abuse, consent and when you know you are ready to have sex/ take a relationships to the next step. It will allow students to understand the positive effects that good relationships have on their mental wellbeing and allow students to understand when they are not in the right relationship and how these situations could be managed.	Teaching sex education here allows students to mature and to build their understanding of a safe and healthy sexual relationship at the appropriate time. It ensures that students are equipped to make safe, informed and healthy choices as they progress through adult life. Make safe, informed and healthy choices as they progress through life. Make informed decisions about health and relationships and build self- efficacy.	Teaching students the impact of drugs and alcohol allows students to identify the impact that drugs can have on the body long term and short term. Focussing on possible risks, prevention and ensuring that students are informed in their decision making as the head into adult life.	Integrating mental health education into the curriculum will increase knowledge and understanding of those experiencing difficulties, removing any stigma or social misconceptions and replacing these with an atmosphere of positivity and acceptance	This topic focuses on the idea of democracy and the political system in the UK, particularly focuses on how students can actively participate in politics before and after they gain the right to vote.
Teaching prejudice and discrimination here supports: Living in the wider world British Values including tolerance and respect Black History month Hate crime awareness day RSE and responsibility	Teaching healthy relationships here supports: Further education about abusive relationships Relationship and sex education Fundamental rights The development of intimate relationships	Teaching relationships and sex education here supports: A healthy lifestyle Decision making RSE and responsibility RSE and the media	Teaching alcohol and drug abuse here supports: Mental and physical health awareness Health and wellbeing Scenario based situations.	Teaching Mental health and wellbeing here supports: The emerging independence of students as they continue to manage their own choices, particularly around GCSE options. Mental health awareness week	Teaching politics and democracy here supports: Understanding of an active role in society and the development of an understanding of political parties and how to vote. British values including democracy, tolerance and respect
Prejudice and discrimination feeds from: Previous living in the wider world topics including tolerance, stereotypes and active citizenship.	Health relationships feeds from: Previous RSE units on friendships, relationships with adults.	Sex education feeds from: Healthy relationships Abusive relationships Consent	Alcohol and drug abuse feeds from: Health and wellbeing gateway drugs and peer influence	Mental health feeds from: Health and wellbeing units on physical and mental health.	Politics and democracy feeds from: British values, living in the wider world