

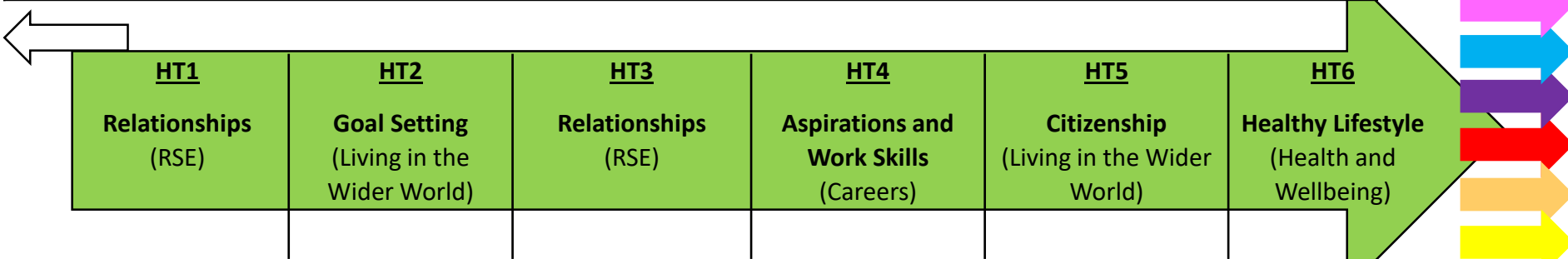


Year 7 PSHCE Curriculum Sequence

Intent: Acknowledge and addresses the changes that students experience with transition to secondary school, the challenges of adolescence and their increasing independence.

Develop knowledge of positive relationships, e.g. with peers and the positive effects of good relationships.

Develop awareness of diversity and multiculturalism in society, e.g. migration, stereotypes, political views



<u>HT1</u> Relationships (RSE)	<u>HT2</u> Goal Setting (Living in the Wider World)	<u>HT3</u> Relationships (RSE)	<u>HT4</u> Aspirations and Work Skills (Careers)	<u>HT5</u> Citizenship (Living in the Wider World)	<u>HT6</u> Healthy Lifestyle (Health and Wellbeing)
<p>This topic aims to transition students from primary school into a mixed setting. Students will need to recognise and develop their knowledge of positive relationships as they begin to develop their own with new peers.</p>	<p>This topic helps to build on the transition from primary school by recognising skills that they have already developed and begin to set the goals that they would like to achieve by the end of Y7, KS3 and their time at Sandbach School</p>	<p>This topic aims to build on managing relationships and friendships that they have begun to form by recognising how to manage conflict and strategies to deescalate any conflict that might form.</p>	<p>This topic aims to encourage students to identify the various work skills that employers look for and a recognition of how students could develop these skills. This also helps students to recognise the links that different subjects have to these skills.</p>	<p>This topic aims to form an understanding of the principle of active citizenship and address the concept of equality in society. Students student various fights for equality in British society in order to recognise development in society.</p>	<p>This topic aims to encourage an understanding of the ways to form a healthy lifestyle, including balanced diets and benefits of exercise.</p>
<p>Teaching relationships here supports: Transition into the new school and the development of friendships with new peers and classes.</p>	<p>Teaching goal setting and work skills here supports: An awareness of different skills they aim to develop throughout their time at Sandbach.</p>	<p>Teaching relationships here supports: The continued development of social skills and friendships. It builds on skills to manage and de-escalate conflict.</p>	<p>Teaching Careers here supports: The continued development of various skills and the subject links that can assist in their development as well as the future careers that these subjects could lead to.</p>	<p>Teaching citizenship here supports: The continued development of making positive choices within a society and the development of active citizens.</p>	<p>Teaching healthy lifestyle here supports: The emerging independence of students as they continue to manage their own choices, particularly surrounding diet and exercise. This is particularly relevant as students increase in independence over the summer holidays.</p>
<p>Relationships feeds from: Transition into single-sex school and forming healthy friendships with peers.</p>	<p>Goal setting feeds from: Transition – self-awareness of current skills and aspects to develop in the future.</p>	<p>Relationships feeds from: Previous RSE topic on healthy relationships and what qualities they would include</p>	<p>Careers feeds from: Extended transition and the continued development of skills and aspirations.</p>	<p>Citizenship feeds from: Previous RSE topics and development of self-awareness, so that students begin to reflect on their role in society.</p>	<p>Healthy lifestyle feeds from: Increasing independence over dietary choices, e.g. school refectory.</p>