

Year 11 PSHCE Curriculum Sequence



Intent:

- Students know how to develop and maintain healthy relationships and to manage their increasing responsibility in relationships.
- The development of realistic goals and aspirations and the knowledge of how to achieve these aspirations as well as knowledge of pathways into the transition phase
- Acknowledge and address the increase in independence. To prepare students for life after school and after GCSE's.



<p><u>HT1</u> RSE Responsibility and working out relationships</p>	<p><u>HT2</u> Next steps (Living in the Wider World)</p>	<p><u>HT3</u> Health and wellbeing Future building</p>	<p><u>HT4</u> Living in the Wider World Politics and democracy</p>	
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<p>Teaching relationships and responsibility here allows students to look at key issues in intimate relationships and the positive and negative affects of adult relationships. This includes key issues such as options around pregnancy. It will allow students to understand the positive effects that good relationships have on their mental wellbeing and allow students to understand when they are not in the right relationship and how these situations could be managed.</p>	<p>Next steps allows students to have detailed knowledge of the fundamental British values; developing their knowledge and understanding and appreciation as well as celebration of diversity. It prepares students for life after high school and to giving them the knowledge of how to successful learners for life in modern Britain</p>	<p>This topic allows students to focus on their physical health and dealing with exam pressure in the lead up to mock exams/GCSE. Looking at the importance of sleep and the impact that this has on the body. Practical techniques of how to deal with</p>	<p>This topic focuses on the idea of democracy and the political system in the UK, particularly focuses on how students can actively participate in politics before and after they gain the right to vote.</p>	
<p>Teaching responsibility and working out relationships supports: Future and more serious relationships Maintaining health relationships Responsibility in relationships</p>	<p>Teaching next steps process here supports: Works with the timeline of choosing work experience placements and the careers advice available. National Careers Week</p>	<p>Teaching future building here supports: Wider world experience Work experience Careers and options planning for the future including A levels and further education. National careers week</p>	<p>Teaching politics and democracy here supports: Understanding of an active role in society and the development of an understanding of political parties and how to vote. British values including democracy, tolerance and respect</p>	
<p>Health relationships feeds from: Previous RSE units on friendships, relationships with adults. Sex education</p>	<p>Next steps feeds from: Previous living in the wider world topics on careers, options pathways and decision making Work experience done in the summer term</p>	<p>Future building feeds from: Wider world experience Work experience Careers and options choices.</p>	<p>Politics and democracy feeds from: British values, living in the wider world.</p>	