

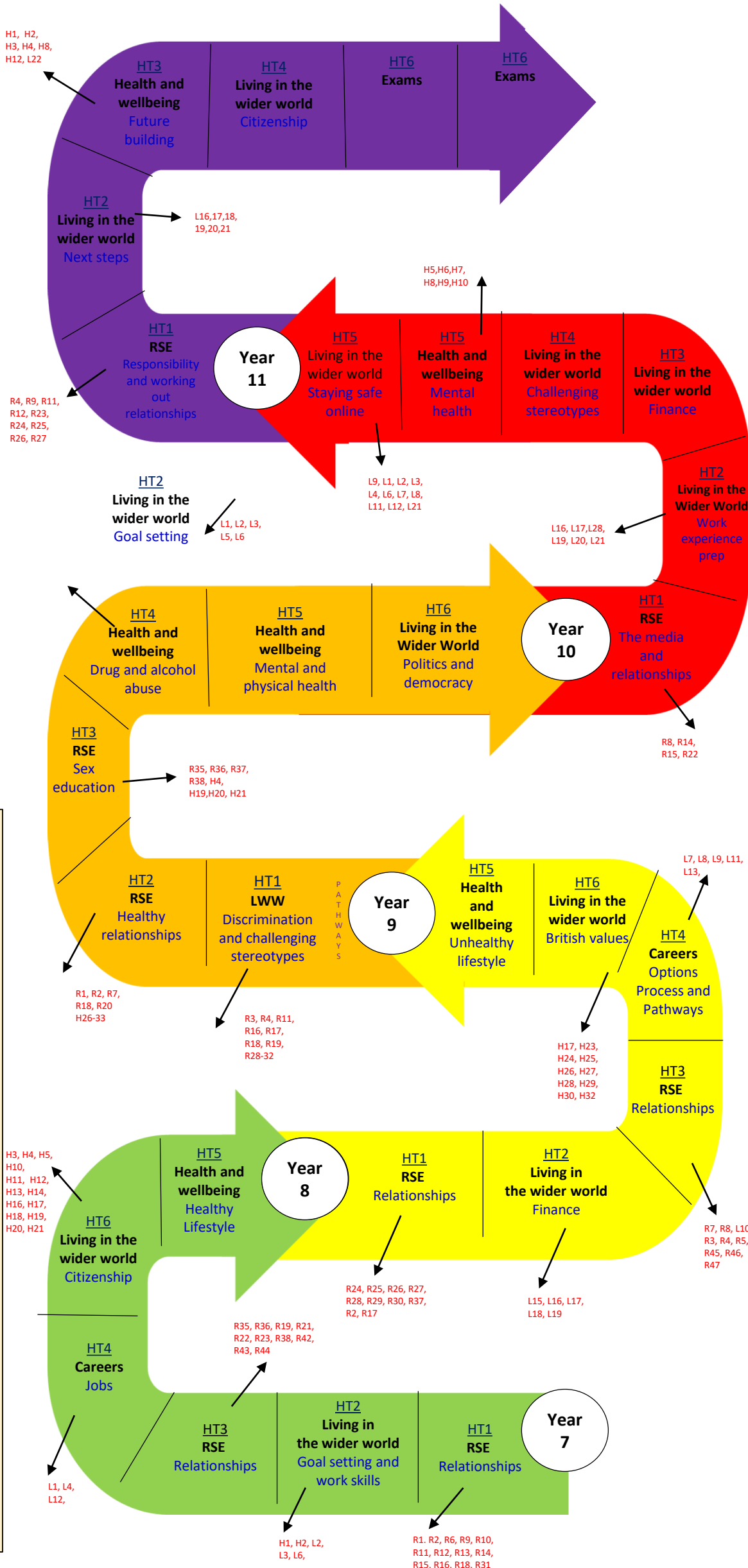


### Sandbach School

PSHCE: preparing students to be learners for life in modern Britain by equipping them to be responsible, respectful, active citizens who contribute positively to society.

- **RSE:** To develop knowledge of intimate relationships, sexual health and gender identity.
- Knowledge of how to recognise risk and know where to go for help when they need it
- **Living in the wider world** and careers -Students have detailed knowledge of the fundamental British values; developing their knowledge and understanding and appreciation as well as celebration of diversity
- To prepare students for life after high school and to giving them the knowledge of how to successful learners for life in modern Britain
- **Health and wellbeing:** Students have deeper knowledge and understanding of physical and mental health and wellbeing in preparation for students taking greater responsibility for themselves and others

- Personal Development – to give students the knowledge about the challenges of adolescence and their increasing independence.
- RSE - Students know how to develop and maintain healthy relationships and to manage their online lives and the increasing influence of peers and media
- Health and wellbeing – knowledge of physical and mental health
- Living in the wider world – Knowledge of diversity and multiculturalism in society and knowledge and skills that will equip them for opportunities and challenges of life
- Careers – development of realistic goals and aspirations and the knowledge of how to achieve these aspirations as well as knowledge of pathways into the transition phase



- Students will develop detailed knowledge and skills in order to:**
- Make safe, informed and healthy choices as they progress through life.
  - Make informed decisions about health and relationships and build self- efficacy.
  - Develop personal attributes such as honesty, integrity, courage, humility, kindness, generosity, trustworthiness, resilience and a sense of justice.
  - Persevere in tasks
  - Understand the law about sex, sexuality, sexual health and gender identity
  - Develop self- respect and self-worth
  - Pursue self- control and ability to self- regulate enabling students to become confident in their ability to achieve and persevere when setbacks are encountered.
  - Talk about their emotions accurately and sensitively, using appropriate vocabulary.
  - Take on a greater responsibility for themselves and others.

- Students will develop detailed knowledge and skills in order to:**
- An understanding of the indicators of positive relationships and the ability to manage conflict.
  - Recognizing bullying and the strategies to manage being targeted or witnessing bullying.
  - manage stress and developing a healthy lifestyle.
  - The ability to set goals for their future and to make informed choices for GCSE options.
  - recognize in the diversity in society and the ability to challenge stereotypes that negatively affect society and the law surrounding this.

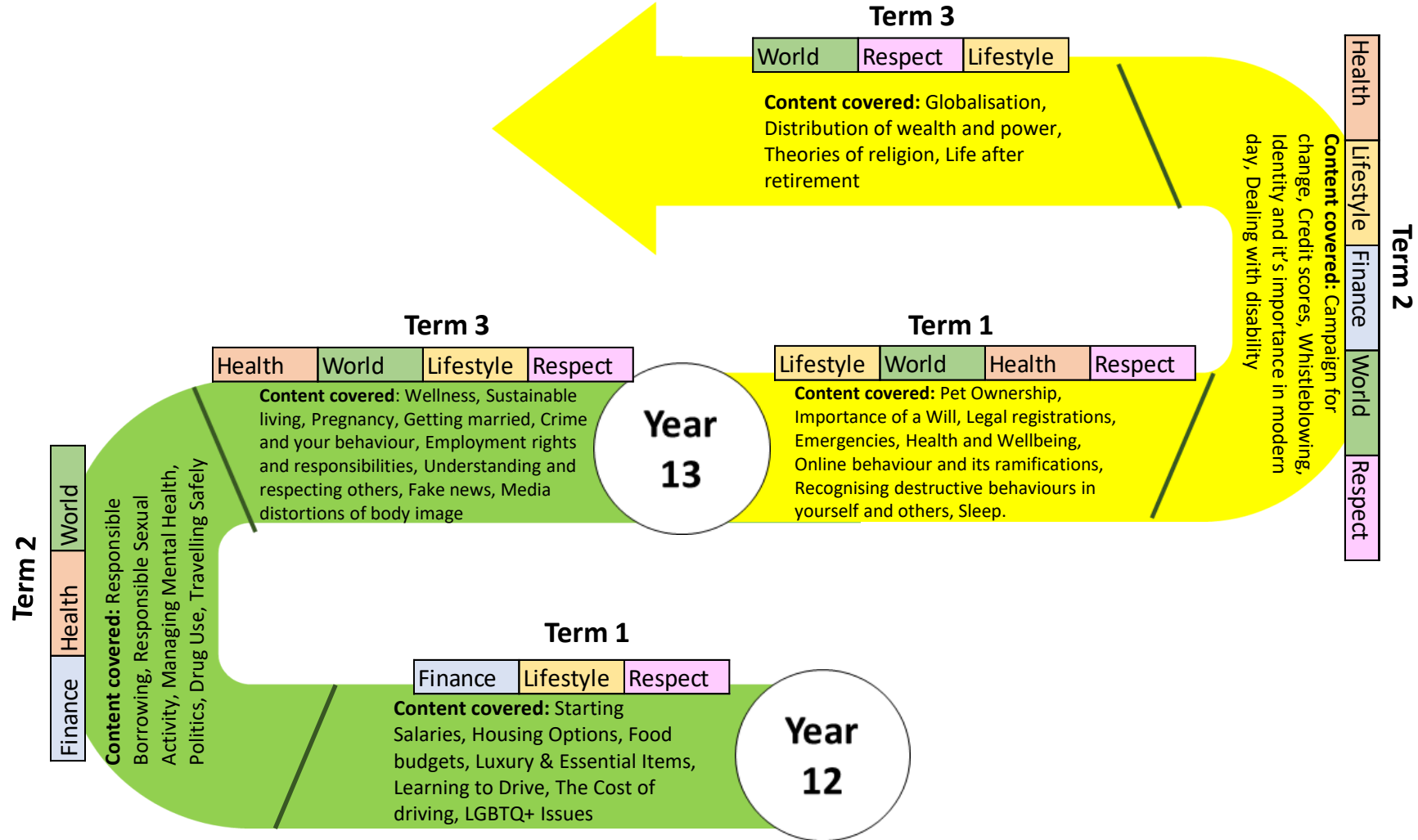


# Sandbach School Social Sciences Curriculum: Sixth Form PSHE

## Intent

The PSHCE program is intended to develop resilient learners who are confident in their ability to manage risks and make informed decisions about their future. It stimulates debate and discussion about health, wellbeing and relationships and encourages students to think critically about issues they are most likely to encounter as they experience the world. Through a respectful, problem solving approach, students learn coping strategies to deal with the emerging challenges they will experience as they embark on their Journey of Life

## Implementation



## Impact

PSHCE at this stage is designed so that students re-visit core themes and build on their prior knowledge. This embeds concepts and allows for this knowledge to be applied to actions in their life as they develop. Positive and constructive communication of feelings and attitudes towards a range of issues is well established along with the ability to cope with changes in the modern world. The rights of all individuals in our diverse and complex world are acknowledged with empathy and respect and students gain a greater understanding of their own emotional wellbeing