Sandbach School Physical Education Curriculum:

SANDBACH SCHOOL PE's SPORT

Introduce:

Year 9 PE Curriculum Sequence

Intent: To build on and embed the physical development and skills learned in Year 8.

To be able to demonstrate and recall accurate movement patterns and techniques across a variety of sports and physical activities.

To introduce rules, tactics and strategies across a variety of sports & physical activities.

Practical Activity 1	Practical Activity 2	Practical Activity 3	Practical Activity 4	Practical Activity 5	Practical Activity 6	Practical Activity 7	Practical Activity 8
Rugby	Kayaking/ Personal Survival	Hockey	Gymnastics	Football	Basketball	Athletics	Cricket
Why this here? Invasion games are a key part of the PE curriculum allowing students to build bonds through competition. Boys learn to win and lose whilst being active for long periods of time which promotes a love of being healthy and active.	Why this here? Swimming is a life skill and something we see as essential. Some boys come with very little previous experience and will learn to swim before they leave SS	Why this here? Invasion games are a key part of the PE curriculum allowing students to build bonds through competition. Boys learn to win and lose whilst being active for long periods of time which promotes a love of being healthy and active.	Why this here? Invasion games are a key part of the PE curriculum allowing students to build bonds through competition. Boys learn to win and lose whilst being active for long periods of time which promotes a love of being healthy and active.	Why this here? Invasion games are a key part of the PE curriculum allowing students to build bonds through competition. Boys learn to win and lose whilst being active for long periods of time which promotes a love of being healthy and active.	Why this here? Invasion games are a key part of the PE curriculum here at the school allowing students to build bonds through competition. Boys learn to win and lose whilst being active for long periods of time which promotes a love of being healthy and active.	Why this here? Develop their technique and improve their performance in other competitive sports. Athletic also uses a range of movements which relate to gymnastics and gives students a better understanding of their technique and use of limbs in a wide variety of sports	Why this here? Develop hand eye coordination and teamwork skills through striking and fielding activities. Students will develop a range of skills that are not used in invasion games. Numbers of boys taking up the sport in the local area is rising and it lends itself to another strand of XTRA programme.
National Curriculum Links Pupils will: Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games	National Curriculum Links Pupils will: Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group	National Curriculum Links Pupils will: Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games	National Curriculum Links Pupils will: Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games	National Curriculum Links Pupils will: Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games	National Curriculum Links Pupils will: Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games	National Curriculum Links Pupils will: Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games	National Curriculum Links Pupils will: Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games
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These topics feed from: • Y7 + 8 Curriculum	These topics feed from: • Y7 + 8 Curriculum	These topics feed from: • Y7 + 8 Curriculum	These topics feed from: • Y7 + 8 Curriculum	These topics feed from: • Y7 + 8 Curriculum	These topics feed from: Y7 + 8 Curriculum	These topics feed from: Y7 + 8 Curriculum	These topics feed from: • Y7 + 8 Curriculum