Sandbach School Physical Education Curriculum:

SANDRACH SCHOOL PEA SPORT

Introduce:

Year 8 PE Curriculum Sequence

Intent: To build on and embed the physical development and skills learned in Year 7.

To be able to demonstrate and recall accurate movement patterns and techniques across a variety of sports and physical activities.

To introduce rules, tactics and strategies across a variety of sports & physical activities.

| Practical Activity 1 Rugby Communication | Practical Activity 2 Swimming/ Kayaking Resilience | Practical Activity 3 Hockey Emotional Intelligence | Practical Activity 4 Gymnastics Intra-personal | Practical Activity 5 Football Knowledge & Understanding | Practical Activity 6 Basketball Motivation | Practical Activity 7 Athletics Movement Competence | Practical Activity 8 Cricket Confidence | | | | | | | | |
|--|--|--|--|---|--|--|--|--|---|---|--|---|---|--|---|
| | | | | | | | | Why this here? Invasion games are a key part of the PE curriculum allowing students to build bonds through competition. Boys learn to win and lose whilst being active for long periods of time which promotes a love of being healthy and active. Communication is a key life skill that can be verbal and non verbal ques to collaborate, give and receive feedback | Why this here? Swimming is a life skill and something we see as essential. Some boys come with very little previous experience and will learn to swim before they leave SS Resilience allows students to persevere, work hard in periods of difficulty and accept failure through team and individual activities. | Why this here? Invasion games are a key part of the PE curriculum allowing students to build bonds through competition. Boys learn to win and lose whilst being active for long periods of time which promotes a love of being healthy and active. Emotional Intelligence is delivered for students to develop empathy, deal with setbacks whilst also learning to succeed/fail appropriately. | Why this here? Invasion games are a key part of the PE curriculum allowing students to build bands through competition. Boys learn to win and lose whilst being active for long periods of time which promotes a love of being healthy and active. Confidence challenges boys to reflect on their attitude to participation. Encouraging boys to develop resilience and accept failure. | Why this here? Invasion games are a key part of the PE curriculum allowing students to build bonds through competition. Boys learn to win and lose whilst being active for long periods of time which promotes a love of being healthy and active. Knowledge and Understanding is key for students to develop their dedarative and procedural knowledge of all strands of the curriculum | Why this here? Invasion games are a key part of the PE curriculum here at the school allowing students to build bonds through competition. Boys learn to win and lose whilst being active for long periods of time which promotes a love of being healthy and active. Motivation is delivered to help students discover the different drive to participate. | Why this here? Develop their technique and improve their performance in other competitive sports. Athletic also uses a range of movements which relate to gymnastics and gives students a better understanding of their technique and use of limbs in a wide variety of sports Movement Competence ensures students reflect on their learning and develop an understanding of what progress looks like | Why this here? Develop hand eye coordination and teamwork skills through striking and fielding activities. Students will develop a range of skills that are not used in invasion games. Numbers of boys taking up the sport in the local area is rising and it lends itself to another strand of XTRA programme. Confidence challenges boys to reflect on their attitude to participation. Encouraging boys to develop resilience and accept failure. |
| | | | | | | | | National Curriculum Links Pupils will: Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games | National Curriculum Links Pupils will: Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group | National Curriculum Links Pupils will: Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games | National Curriculum Links Pupils will: Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games | National Curriculum Links Pupils will: Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games | National Curriculum Links Pupils will: Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games | National Curriculum Links Pupils will: Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games | National Curriculum Links Pupils will: Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games |
| Teaching this here supports: National curriculum aims followed from KS2 Extra curricular participation/healthy active lifestyle Integration into Sandbach School sports teams via select sports – greater sense of being a sandbachion is created through representing the school | Teaching this here supports: National curriculum aims followed from KS2 Extra curricular participation/health y active lifestyle Integration into Sandbach School sports teams via select sports – greater sense of being a sandbachian is created through representing the school | Teaching this here supports: National curriculum aims followed from KS2 Extra curricular participation/healthy active lifestyle Integration into Sandbach School sports teams via select sports – greater sense of being a sandbachion is created through representing the school | Teaching this here supports: National curriculum aims followed from KS2 Extra curricular participation/healthy active lifestyle Integration into Sandbach School sports teams via select sports – greater sense of being a sandbachian is created through representing the school | Teaching this here supports: National curriculum aims followed from KS2 Extra curricular participation/healthy active lifestyle Integration into Sandbach School sports teams via select sports – greater sense of being a sandbachion is created through representing the school | Teaching this here supports: National curriculum aims followed from KS2 Extra curricular participation/health y active lifestyle Integration into Sandbach School sports teams via select sports – greater sense of being a sandbachlan is created through representing the school | Teaching this here supports: National curriculum aims followed from KS2 Extra curricular participation/health y active lifestyle Integration into Sandbach School sports teams via select sports – greater sense of being a sandbachion is created through representing the school | Teaching this here supports: National curriculum aims followed from KS2 Extra curricular participation/healthy active lifestyle Integration into Sandbach School sports teams via select sports – greater sense of being a sandbachian is created through representing the school | | | | | | | | |
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