## Sandbach School PE Curriculum:

W.S ideas to be Introduced:
1 Development of scientific thinking
2 Experimental skills and strategies
3 Analysis and evaluation

## Year 11 PE Curriculum Sequence

Intent: To allow affirm students knowledge and understanding of Socio-cultural issues and Sports Psychology whilst learning about what health and diet mean and how we can implement these into our own lifestyles

HT1  2.1.a. Engagement patterns  2.1.b. Commercialisation of sport	HT2  2.1.b. Commercialisation of sport  2.1 C Ethical and Socioculturnal	<u>HT3</u> 2.2 Sport Psychology	<u>HT4</u> 2.3 Health, wellbeing and Diet	<u>HT5</u> Revision	<u>HT6</u> Exams 6th form taster sessions
Paper 2 content begins here Commercialisation of sport links to patterns of engagement Both topics link to health fitness and well being, and the barriers to living a healthy active lifestyle.	<ul><li>Specification Links:</li><li>2.2 sports Psychology.</li><li>2.3 Health and well being</li></ul>	<ul> <li>Specification Links:</li> <li>Components of fitness</li> <li>Skill Acquisition</li> <li>Social &amp; Emotional health</li> </ul>	<ul> <li>Specification Links:</li> <li>Components of fitness</li> <li>Long term effects of exercise</li> </ul>	<ul> <li>Specification Links:</li> <li>1.1.a. The structure and function of the skeletal system 1.1.b. The structure and function of the muscular system, 1.1.c. Movement analysis, 1.1.e. Effects of exercise on body systems, 1.2.c. Preventing injury, 1.2.b. Applying the principles of training.</li> </ul>	
<ul> <li>Teaching these things here supports:</li> <li>2.1b Commercialisation of Sport, 2.1c Ethical and sociocultural issues in sport, 2.3 Health, wellbeing and diet</li> </ul>	<ul> <li>Teaching these things here supports:</li> <li>Students knowledge of the media and how it relates to modern day sport</li> <li>The history of drugs and cheating in sport</li> </ul>	Teaching these things here supports: A-Level Physical Education Psychology in sport	<ul><li>Teaching these things here supports:</li><li>A-Level Physical Education</li><li>Food &amp; Nutrition</li><li>Biology</li></ul>	Teaching these things here supports:  • Knowledge retrieval methods prior to GCSE exams	
These topics feed from: Paper 1	These topics feed from: Concept Curriculum 2.1a/2.1B	These topics feed from:	These topics feed from:	These topics feed from:	