## Sandbach School PE Curriculum:

Year 11 Core PE Curriculum Sequence

Intent: Maximising Participation & Developing Excellence, ensuring students maintain an interest and participation level that they are motivated to partake regularly

<u>HT1</u>	<u>HT2</u>	<u>HT3</u>	<u>HT4</u>	<u> </u>	HT6
Invasion games/Racket sports/	Invasion games/Racket sports/	Invasion games/Racket sports/	Invasion games/Racket sports/	Invasion games/Racket sports/ Healthy	
Healthy and active lifestyles	Healthy and active lifestyles	Healthy and active lifestyles	Healthy and active lifestyles/	and active lifestyles/ Striking and fielding	Students have left
realtry and active inestyres	,	ricaltity and active mestyles	Striking and fielding	and active mestyles/ striking and neithing	
			ourking and netaing		
Why this unit?	Why this unit?	Why this unit?	Why this unit?	Why this unit?	
ollowing from the previous year's activities, these	Following from the previous year's activities, these	Following from the previous year's activities, these activities	Following from the previous year's activities, these	Following from the previous year's activities, these activities allow	
ctivities allow students to continue to develop through the performance and participation pathways.	activities allow students to continue to develop if they wish to do so. By having a 'opt in' rotation of sports we ensure	allow students to continue to develop if they wish to do so. By having a 'opt in' rotation of sports we ensure all students	activities allow students to continue to develop if they wish to do so. By having a 'opt in' rotation of	students to continue to develop if they wish to do so. By having a 'opt in' rotation of sports we ensure all students are active at an age were	
	all students are active at an age were students have	are active at an age were students have previously become	sports we ensure all students are active at an age	students have previously become reluctant to partake.	
These pathways are reassessed to ensure all students are able to make progress and are in the appropriate pathway.	previously become reluctant to partake.	reluctant to partake.	were students have previously become reluctant to partake.	Performance pathway encourages students to take part in competitive	
	Performance pathway encourages students to take part in	Performance pathway encourages students to take part in		scenarios across different sports and activities, promoting development	
Performance pathway encourages students to take part in competitive scenarios across different sports and activities,	competitive scenarios across different sports and activities, promoting development of performance alongside stretching	competitive scenarios across different sports and activities, promoting development of performance alongside stretching	Performance pathway encourages students to take part in competitive scenarios across different sports	of performance alongside stretching tactical knowledge in sport.	
romoting development of performance alongside stretching		tactical knowledge in sport.	and activities, promoting development of	Participation pathway aims to promote lifelong love of sport and	
actical knowledge in sport.	Participation pathway aims to promote lifelong love of sport	Participation pathway aims to promote lifelong love of sport	performance alongside stretching tactical knowledge in sport.	physical activity, giving students opportunities across a variety of sports. Students who may begin to disengage with sport at this age are allowed	
Participation pathway aims to promote lifelong love of sport	and physical activity, giving students opportunities across a	and physical activity, giving students opportunities across a		selection of their activities with likeminded others with a broad	
nd physical activity, giving students opportunities across a ariety of sports.	variety of sports. Students who may begin to disengage with sport at this age	variety of sports. Students who may begin to disengage with sport at this age	Participation pathway aims to promote lifelong love of sport and physical activity, giving students	spectrum of invasion games, rackets sports and healthy and active lifestyle pathways being offered all throughout the year	
Students who may begin to disengage with sport at this age	are allowed selection of their activities with likeminded	are allowed selection of their activities with likeminded others	opportunities across a variety of sports.		
are allowed selection of their activities with likeminded others with a broad spectrum of invasion games, rackets	others with a broad spectrum of invasion games, rackets sports and healthy and active lifestyle pathways being	with a broad spectrum of invasion games, rackets sports and healthy and active lifestyle pathways being offered all	Students who may begin to disengage with sport at this age are allowed selection of their activities with	These activities allow for healthy team/individual competitions between students of a wide spectrum of abilities.	
ports and healthy and active lifestyle pathways being	offered all throughout the year	throughout the year	likeminded others with a broad spectrum of invasion	detrees and the wife spectrum of months.	
offered all throughout the year	These activities allow for healthy team/individual	These activities allow for healthy team/individual	games, rackets sports and healthy and active lifestyle pathways being offered all throughout the		
	competitions between students of a wide spectrum of	competitions between students of a wide spectrum of	year		
These activities allow for healthy team/individual	abilities.	abilities.	These activities allow for healthy team/individual		
competitions between students of a wide spectrum of			competitions between students of a wide spectrum		
abilities.			of abilities.		
Examples of activities used to deliver invasion games.	Examples of activities used to deliver invasion games.	Examples of activities used to deliver invasion games.	Examples of activities used to deliver invasion	Examples of activities used to deliver invasion games.	
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			games.		
Football, Hockey, Basketball, Multi cultural sports	Football, Hockey, Basketball, Multi cultural sports	Football, Hockey, Basketball, Multi cultural sports	games.  Football, Hockey, Basketball, Multi cultural sports	Football, Hockey, Basketball, Multi cultural sports	
Football, Hockey, Basketball, Multi cultural sports  Examples of activities used to deliver racket sports.  Badminton, Table Tennis, Rocket Ball	Football, Hockey, Basketball, Multi cultural sports  Examples of activities used to deliver racket sports.	Football, Hockey, Basketball, Multi cultural sports  Examples of activities used to deliver racket sports.		Football, Hockey, Basketball, Multi cultural sports  Examples of activities used to deliver racket sports.	
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