

January 20 – February 20 week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Soup</u>				
Spicy Parsnip	Roasted Carrot and Coriander	Chicken Ramen style	Beef broth	Hot and Sour
<u>Mains</u>				
Spaghetti bolognaise & Homemade garlic bread	Roast Whole Chicken, roast potato, parsnip, carrot and stuffing	Diced beef and potato pie And roasted root vegetables	Panko Chicken bites, sweet & sour rice and wedges	Battered fish & chips With Baked beans or curry sauce
Sweet chilli noodles with Quorn and vegetables	Root Vegetable Tagine and cous cous	Pasta bake with vegetables, spring onion, cheese and peppers	Caramelised onion & cheddar quiche	Sweet potato, chick pea & spinach korma with rice
<u>Dessert</u>				
Apple crumble And thick custard	Bread and butter pudding	Steamed Jam sponge and custard	Homemade sticky toffee pudding and toffee sauce	Double chocolate pudding & chocolate sauce
<u>Grab 'n' Go</u>				
Singapore style chicken noodle pot	Build your own burger	Panko crumbed chicken burger and toppings	Chicken fajitas and potato wedge wrap, with tomato salsa	Ham and cheese panini or BBQ chicken
<u>Pizza Bar</u>				
Spicy Cajun chicken	Sweet chilli home glazed ham	Fresh pineapple and home cooked ham	Chicken tikka	Peperoni
Classic Margarita & Basil Pizza	Classic Margarita & Basil Pizza	Classic Margarita & Basil Pizza	Classic Margarita & Basil Pizza	Classic Margarita & Basil Pizza