

# **PSHCE and British Values at Sandbach School**

## **Aims of PSHCE and British Values at Sandbach School:**

Sandbach School constantly strives to focus on the personal development of the whole individual. The PSHCE curriculum is a planned and structured programme of learning through which students acquire the knowledge, understanding and skills needed to succeed in the ever changing world.

As part of a whole school approach, PSHCE at Sandbach School develops the qualities and attributes students need to thrive as individuals as well as members of society. In addition, Sandbach School strives to develop the values that underpin British society and life.

These values are demonstrated across the everyday curriculum as well as wider school life and the aspects of British values include:

- 1. Equality and Respect**
- 2. Democracy and the Rule of Law**
- 3. Tolerance**
- 4. Rights and Responsibilities**
- 5. Citizenship and community**

## **Delivery of PSHCE/British Values**

- PSHCE is delivered during Wednesday Pastoral sessions of 25 mins and 45 mins by form tutors.
- Form tutors use resources prepared in advance that are discussed at the tutor team meeting prior to the unit of work being delivered.
- External training is provided to tutors when a unit requires e.g Sex Education Year 9; Careers Year 11.

**PSHCE is also delivered via 3 Student Enrichment Days.**

The dates of the 2014-2015 days are:

Wednesday 8<sup>th</sup> October 2014

Wednesday 25<sup>th</sup> February 2015

Friday 26<sup>h</sup> June 2015

## Content overview

Year 7		
Topic	Dates of delivery	Objectives/Outcomes
<b>Courtesy and Respect</b>  <b>British Values:1,3,5</b>	3/9 – 17/9	<b>Objectives:</b> How should students of Sandbach School conduct themselves in class, out of class and as part of the local community? <b>Outcomes:</b> Students are aware of the importance of courtesy and respect and the school Code of Conduct.
<b>Introduction to PSHCE</b>	24/9 – 22/10	<b>Objectives:</b> What is PSHCE and how will it benefit us? <b>Outcomes:</b> Students are aware of aspects of PSHCE studied from Years 7-11.
<b>Representatives Elections Week</b>  <b>British Values:2,4,5</b>	13/10-17/10	<b>Student Responsibility – Representatives campaign week. Following launch assembly, students campaign and vote for forms representatives.</b> <b>First Reps meeting led by Year Group Senators – 22/10.</b>
<b>Bullying Prevention Month</b>  <b>British Values: 5</b>	2/11-26/11	<b>Objectives:</b> What is bullying? What is the role of the bystander in preventing bullying? <b>Outcomes:</b> Production of a Bullying Prevention Campaign which launches new Sandbach School Respect Ambassadors and highlights the role of the bystander.
<b>Literacy</b>	5/11-26/11	<b>Objectives:</b> How can word games enhance our writing skills? <b>Outcomes:</b> Identify how words are created, formulated and developed. To be able to explain what literacy is. Practice effective sentence structure.
<b>Alcohol, smoking, e-cigarettes and drugs</b>	3/12-14/1	<b>Objectives:</b> What risks are associated with alcohol, smoking, e-cigarettes and drugs? <b>Outcomes:</b> Students can identify risks related to alcohol, smoking, e-cigarettes and drugs. Students can explain why misuse can lead to issues within school and after.
<b>Citizenship</b> 	21/1 – 11/3	<b>Objectives:</b> What is Citizenship and why is it important? What are the features of and benefits of a diverse society? <b>Outcomes:</b> Students can describe the features of UK multi-cultural society and can explain the

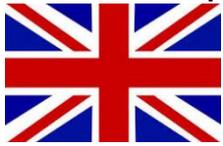
<b>British Values: 3,5</b>		benefits of being part of a diverse community.
<b>Sex and Relationships</b>	18/3 – 1/4	<b>Objectives:</b> What feelings can we expect as teenagers? <b>Outcomes:</b> To develop knowledge and understanding of changes that takes place during puberty. To recognise physical and emotional changes and know how to manage the changes in a positive way.
<b>E-Safety</b>	22/4-29/4	<b>Objectives:</b> What are the opportunities and risks associated with mobile phones, computers and other forms of technology. <b>Outcomes:</b> To develop awareness of e-safety using 'Thinkuknow'. To be able to assess and avoid risky situations when using mobile phones/internet.
<b>Careers and Numeracy</b>	18/5 – 22/6	<b>Objectives:</b> What is the importance of money in 21 <sup>st</sup> Century UK <b>Outcomes:</b> To develop understanding of money, taxation and jobs in order to help develop aspirations for the future.
<b>Charity</b>  <b>British Values: 4</b>	6/5 – 1/7	<b>Objectives:</b> What is the role of charity within Sandbach , UK and in the international world. <b>Outcomes:</b> To describe how charities work on a personal, school, community, national and international level. To plan and deliver an event/activity in order to raise money for a form charity.

Year 8		
Topic	Dates of delivery	Objectives/Outcomes
<b>Courtesy and Respect</b>  <b>British Values 1,3,5</b>	3/9 – 17/9	<b>Learning Objectives:</b> How should students of Sandbach School conduct themselves in class, out of class and as part of the local community? <b>Learning Outcomes:</b> Students are aware of the importance of courtesy and respect and the school Code of Conduct.
<b>Careers</b>	24/9 – 22/10	<b>Learning Objectives:</b> What should I do at school to make sure I have as many choices and options as possible in future? <b>Learning Outcomes:</b> Discussion of decisions that could be made during a students' time at school which could increase choices available after school.
<b>Representatives Elections Week</b>  <b>British Values:2,4,5</b>	13/10-17/10	<b>Student Responsibility – Representatives campaign week. Following launch assembly, students campaign and vote for forms representatives.</b> <b>First Reps meeting led by Year Group Senators – 22/10.</b>
<b>E-Safety</b>	5/11-12/11	<b>Learning Objectives:</b> What are the effects of cyber bullying? <b>Learning Outcomes:</b> Analysis of the positive and negative uses of technology. Explanation of the problems related to cyber bullying.
<b>Bullying Prevention Month</b>  <b>British Values: 3,4,5</b>	2/11-26/11	<b>Learning Objectives:</b> What is bullying? What is the role of the bystander in preventing bullying? <b>Learning Outcomes:</b> Production of a Bullying Prevention Campaign which launches new Sandbach School Respect Ambassadors and highlights the role of the bystander.
<b>Citizenship</b>  <b>British Values: 3,4,5,</b>	19/11 -10/12	<b>Learning Objectives:</b> Should the UK have a responsibility to provide international aid to other countries? <b>Learning Outcomes:</b> Developed understanding of water shortages in Africa and assessment of arguments of whether or not UK aid should be given to international countries.
<b>Alcohol, Cigarettes, E-Cigarettes and Drugs.</b>	7/1 – 4/2	<b>Learning Objectives:</b> How is personal safety affected after drinking alcohol? <b>Learning Outcomes:</b> Explanation of how personal safety can be affected when under the influence of alcohol. Identify situations where there is more of a likelihood of risk.

<b>Careers and numeracy – ‘Tenner’</b>	4/3 – 25/3	<p><b>Learning Objectives:</b> What enterprise qualities are needed to set up a business and raise money?</p> <p><b>Learning Outcomes:</b> Devise a plan to take part and succeed in the ‘tenner’ challenge. Create and devise a mini business using enterprise skills.</p>
<b>Sex and Relationships</b>	22/4-13/5	<p><b>Learning Objectives:</b> What types of relationships are there? What makes a relationship purpose?</p> <p><b>Learning Outcomes:</b> Recognising the characteristics of a positive relationship.</p>
<b>The Year 8 Big Write</b>	13/5 – 22/6	<p><b>Learning Objectives:</b> How can we improve our writing skills?</p> <p>Learning outcomes: To take part in the Big Write to develop writing skills. The 3 key activities are:</p> <ul style="list-style-type: none"> <li>‘Slow Writing’</li> <li>Concise writing</li> <li>Extended Writing</li> </ul>
<b>Citizenship</b>  <b>British Values: 1,3,5</b>	3/6 – 1/7	<p><b>Learning Objectives:</b> How does football highlight the problems of prejudice and discrimination in UK society?</p> <p><b>Learning Outcomes:</b></p> <ul style="list-style-type: none"> <li>Explain the problems existing to homophobia and racism in UK society.</li> <li>Develop a campaign to highlight the importance of tolerance.</li> </ul>

Year 9		
Topic	Dates of delivery	Objectives/Outcomes
<b>Courtesy and Respect</b>  <b>British Values: 1,3,5</b>	3/9 – 17/9	<b>Learning Objectives:</b> How should students of Sandbach School conduct themselves in class, out of class and as part of the local community? <b>Learning Outcomes:</b> Students are aware of the importance of courtesy and respect and the school Code of Conduct.
<b>Careers</b>	24/9 – 22/10	<b>Learning Objectives:</b> What are the different pathways available at KS4 and post 16 education. <b>Learning Outcomes:</b> Recognise different education and career options and identify options subjects that may help future career plans.
<b>Representatives Elections Week</b>  <b>British Values:2,4,5</b>	13/10-17/10	<b>Student Responsibility – Representatives campaign week.</b> <b>Following launch assembly, students campaign and vote for forms representatives.</b> <b>First Reps meeting led by Year Group Senators – 22/10.</b>
<b>Bullying Prevention Month</b>  <b>British Values: 3,4,5</b>	2/11-26/11	<b>Learning Objectives:</b> What is bullying? What is the role of the bystander in preventing bullying? <b>Learning Outcomes:</b> Production of a Bullying Prevention Campaign which launches new Sandbach School Respect Ambassadors and highlights the role of the bystander.
<b>Alcohol, smoking, e-cigarettes and drugs</b>	5/11-26/11	<b>Learning objectives:</b> What are the risks related to alcohol, smoking, e-cigarettes and drugs? How can use affect future choices? <b>Learning Outcomes:</b> Explain effects of alcohol, smoking, e-cigarettes and drugs and identify possible limits to future problems.
<b>Health and Diet</b>	3/12-17/12	<b>Learning objectives:</b> What are the benefits of exercise and a healthy diet? <b>Learning Outcomes:</b> Examine the problems related to energy drinks in the school day and beyond.
<b>Citizenship – Stephen</b>	7/1 – 21/1	<b>Learning objectives:</b> What does the

<p>Lawrence</p>  <p>British Values: 1,2,3</p>		<p>Stephen Lawrence tell us about prejudice and discrimination in the UK?</p> <p><b>Learning Outcomes:</b> Examine the case of Stephen Lawrence and highlight the main issues related to prejudice and discrimination, as well as equality and diversity in the UK.</p>
<p>Sex and Relationships</p>	<p>28/1 – 11/3</p>	<p><b>Learning objectives:</b> What does the law say about sex? What contraceptive options are available? What factors make up a positive relationship?</p> <p><b>Learning outcomes:</b> Awareness of how to use contraception. Recognise and manage risk in order to make safer choices about healthy lifestyles.</p>
<p>Citizenship – Introduction to Politics</p>  <p>British Values: 2,4</p>	<p>22/4-6/5</p>	<p><b>Learning objectives:</b> What are the key facts about UK Government and Politics?</p> <p><b>Learning Outcomes:</b> Describe the main features of UK politics and the main UK political parties in preparation for the UK general election.</p>
<p>E-Safety</p>	<p>13/5 – 3/6</p>	<p><b>Learning objectives:</b> How can we stay safe using mobile technology?</p> <p><b>Learning outcomes:</b> Assess the risks of online gaming and social networking. Analyse safe and unsafe practices when using mobile technology and the internet.</p>
<p>Literacy and Numeracy</p>	<p>18/5 – 22/6</p>	<p><b>Learning Objectives:</b> What literacy and numeracy skills do I need for GCSE studies.</p> <p><b>Learning Outcomes:</b> To practise extended writing skills and numeracy skills useful for GSCE studies.</p>
<p>Study Skills</p>	<p>6/5 – 1/7</p>	<p><b>Learning objectives:</b> What study and learning skills do students need for KS4 and GCSEs.</p> <p><b>Learning outcomes:</b> Develop study skills beneficial to KS4 studies.</p>

Year 10		
Topic	Dates of delivery	Objectives/Outcomes
Smoking and e-cigarettes	10/9 – 24/9	<p><b>Learning Objectives:</b> What are the risks associated with cigarettes and e-cigarettes?</p> <p><b>Learning Outcomes:</b> Explain the effects of tobacco and e-cigarettes and problems associated with addiction at school and in future life.</p> <p><b>R.S – Should Cannabis be legalised? What does it mean to be addicted to drigs.</b></p> <p><b>Students consider moral and religious ideas about the physical and mental effects of drug abuse.</b></p>
Representatives Elections Week  British Values:2,4,5	13/10-17/10	<p><b>Student Responsibility – Representatives campaign week.</b></p> <p><b>Following launch assembly, students campaign and vote for forms representatives.</b></p> <p><b>First Reps meeting led by Year Group Senators – 22/10.</b></p>
Study skills	15/10-12/11	<p><b>Learning Objectives:</b> What learning skills do I need to develop for GCSEs?</p> <p><b>Learning Outcomes:</b> Practice techniques that enhance independent learning skills. Creation of independent project.</p>
Health, diet and life chances of the rich and poor  British values: 1,3	19/11-17/12	<p><b>Learning Objectives:</b> What are the benefits of exercise and a healthy diet?</p> <p><b>Learning Outcomes:</b> Examine the problems related to energy drinks in the school day and beyond.</p> <p><b>R.S Rich and poor – consider why both rich and poor exist in Britain, as well as ways in which poverty can be overcome and who is responsible for helping the poor. Consideration of the different life chances for rich and poor.</b></p>
Literacy	7/1 – 28/1	<p><b>Learning Objectives:</b> What communication skills are required for GCSE and beyond?</p> <p><b>Learning Outcomes:</b> Practise effective communication and presentational styles via individual presentations.</p>
Citizenship – Crime and the Law	4/2 – 11/3	<p><b>Learning Objectives:</b> What areas of the law should I be aware of? What are the basics of the UK criminal justice system?</p>

 <b>British Values: 2,4</b>		<p><b>Learning Outcomes:</b> Identify main areas of the law that young people should be aware of. Explain policing and sentencing for crimes. Consider conditions in prison and other aspects of punishment.</p> <p><b>R.S – What are the moral and social, debates about punishments? What types of punishments exist? What are the different religious views on punishment?</b></p>
<p><b>Citizenship – General Election and policies of government</b></p>  <b>British Values: 2,4,5</b>	18/4-6/5	<p><b>Learning Objectives:</b> What are the main issues of the General Election 2015?</p> <p><b>Learning Outcomes:</b> Formulation of arguments surrounding the main political parties and campaign promises of the election. Predictions of who will win and immediate consequences.</p> <p><b>R.S –Social Policy in the UK: The elderly in the UK–consider different moral and social views, as well as government policy on the role and position of elderly people in the UK. Consider different religious viewpoints on how people regarded as elderly should be treated in society.</b></p>
E-Safety	13/5 – 3/6	<p><b>Learning Objectives:</b> What are the dangers associated with social media and mobile phones? What are the positives of modern technology and study skills?</p> <p><b>Learning Outcomes:</b> Identify threats relating to online grooming and will have strategies to stay safe online. Develop ways of using the internet as a research tool.</p>
Careers and CV Planning	18/5 – 22/6	<p><b>Learning Objectives:</b> What is a CV and what does an effective CV look like?</p> <p><b>Learning Outcomes:</b> Analyse effective CVs. Produce a CV.</p>



Year 11		
Topic	Dates of delivery	Objectives/Outcomes
Careers and Letters of Application	3/9 – 7/10	<p><b>Learning Objectives:</b> What does an effective letter of application look like? How can I prepare for job and college interviews?</p> <p><b>Learning Outcomes:</b> Practise writing letter of applications in preparation for a mock interview day.</p>
Representatives Elections Week  British Values:2,4,5	13/10-17/10	<p><b>Student Responsibility – Representatives campaign week. Following launch assembly, students campaign and vote for forms representatives.</b></p> <p><b>First Reps meeting led by Year Group Senators – 22/10.</b></p>
The Big Year 11 Write	15/10-5/11	<p><b>Learning Objectives:</b> How can we improve our writing skills?</p> <p>Learning outcomes: To take part in the Big Write to develop writing skills. The 3 key activities are:</p> <p>‘Slow Writing’ Concise writing Extended Writing</p>
Study/revision skills Supervised revision	12/11-8/1	<p><b>Learning Objectives:</b> What are effective revision techniques and strategies?</p> <p><b>Learning Outcomes:</b> Identify revision styles and techniques which suit each individual. Review for mock GCSE exams.</p>
Health and Diet	14/1-21/1	<p><b>Learning Objectives:</b> What are the benefits of exercise and a healthy diet?</p> <p><b>Learning Outcomes:</b> Examine the problems related to energy drinks in the school day and beyond.</p>
Sex and Relationships	4/2 – 11/3	<p><b>Learning Objectives:</b> What are the consequences of unprotected sex and teenage pregnancy?</p> <p><b>Learning Outcomes:</b> Explore the daily life of a teenage parent. Consider the effects of teenage pregnancy on future choices.</p>
Study/revision skills Supervised revision	25/2- 20/5	<p><b>Learning Objectives:</b> What are effective revision techniques and strategies?</p> <p><b>Learning Outcomes:</b> Identify revision styles and techniques which suit each individual. Review for GCSE exams.</p>

